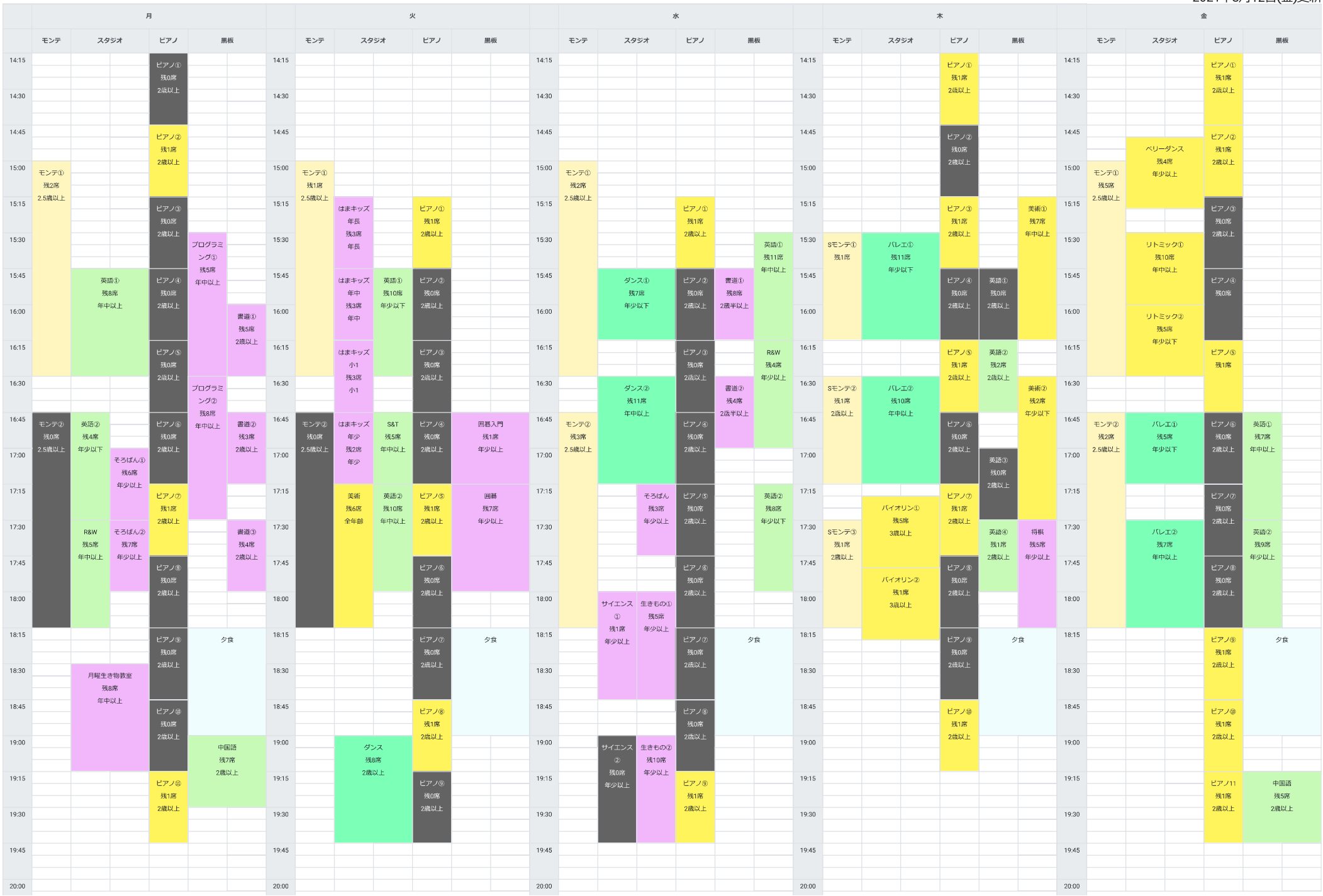2021年3月12日(金)更新